

The Power of Prayer

Electricity: Learning to Plug into the Power Source

ICEBREAKER QUESTION: What's one high and one low of this past week?

Leader: You do not have to answer all the questions below. Pick the ones that you think apply more directly to your group or make up your own that you think will help your group grow as disciples of Jesus. Let the Holy Spirit guide your conversation.

- Passages to consider to begin the group discussion: Matthew 6:16-18, Isaiah 58:1-2
 - Resources: Prayer & Fasting Group Discussion Guide-found on Church Center app under Digital Resources or Planning Center Groups Resources
- What are some key takeaways you can share from the sermon? (This can be something you were encouraged by, challenged with or a question you may have.
- Some possible questions to discuss:
 - What are your concerns or reservations with fasting over a prolonged period?
 - What is the burden on your heart that you are lifting up during your time of fasting?
 - Describe a time in your life when you felt connected to God's Power Source? How was it different from doing things on your own?
 - What does celebration look like to you after you fast?

Prayer & Praise: Share about the needs that each of you has and pray for one another. Pray also for God to open doors for your group to take some action steps because of this discussion. Share wins where you have seen God at work.